



A New Component

SPIRITUAL DIRECTION

Interested folks will be able to sign up for a 30 -minute spiritual direction session during the silent time of One of Many. This service will be offered free of additional charge.

Another way your Presbytery hopes to nurture you and your soul.

“Come to me
all you who are
tired . . . and I will
give you rest”

The modern world keeps us going at a fast pace. We work outside the home, we work inside the home, we go to school, we parent, we minister and we exercise. There is little time for rest and reflection, let alone time to be refreshed in God.

Four times a year, our Presbytery offers us a valuable opportunity to be refreshed in God, who will give us rest and prepare us for what lies ahead in the busy world.

Do yourself a favor – join in a morning of Retreat, *Lectio Divina*, Silence, Communion, Lunch and Quiet Fellowship

Pinecrest Camp and Retreat Center

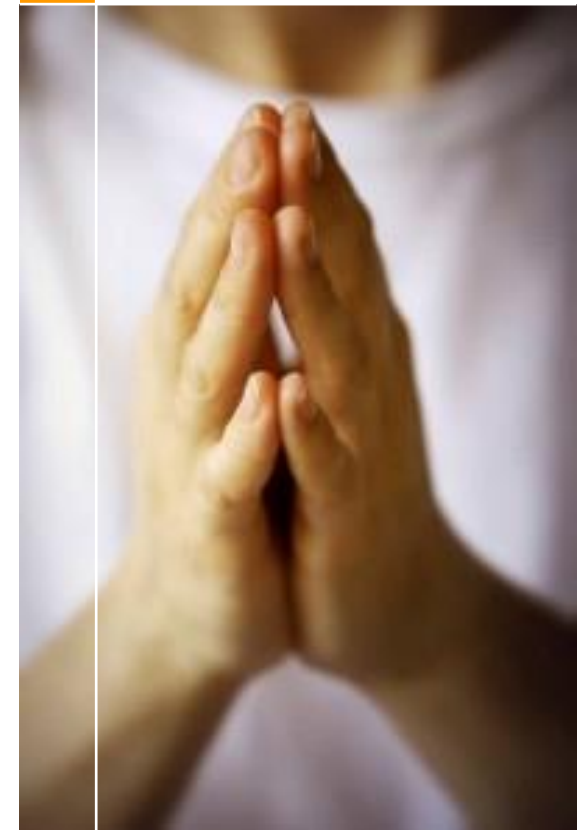
21430 Hwy 57
Moscow, TN 38057
901-878-1247

email Lucy Cummings: lucygc@bellsouth.net

One of Many

A time of silence for
Presbyterians and their Friends

March 2, May 4
September 7, December 7
9:00 a.m. – 12:30 p.m.
PINECREST



Why Come?

Both laity and clergy are welcome at One of Many . Think about how hard you work, how many hours you give the church, and consider taking just one Friday morning a quarter to come to Pinecrest and be filled with the power of silence and worship. Folks spend their silence in all sorts of ways – hiking the property, reading, coloring, walking the Labyrinth, studying, knitting, praying, reflecting – We always say we will do these things at home but it is hard to set the time aside.



The Morning Schedule: One of Many

9:00 Registration

9:15 *Lectio Divina*

9:30 Silence

30-minute meetings with a spiritual director are available during this time by request

11:30 Communion

Noon Lunch

meal included with cost of registration

Questions? Register?

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